

WHAT'S ON

IN THE COMMUNITY

Alcoholics Anonymous

Phone 0800 229 6757. If you have a drinking problem maybe we can help. AA Wanganui area meeting list: Sunday, 183 Wicksteed St (down the back) 10.30am; Monday, Friendship Hall, Morris St, Marton, 7.30pm; Tuesday, St Paul's Church, Cook St entrance, 12.30pm; Wednesday, St Luke's Church Hall, 34 Manuka St, Castlecliff, 7.30pm; Thursday, 7th Day Adventist Church Hall, 62 Dublin St, 7.30pm; Al-Anon, Friday, Quakers, 256 Wicksteed St, 12.15pm - 1.15pm.

Anniversary Amble

Enjoy ambling through 11 summer gardens on Monday, January 25, 10am-4pm. Refreshments and stalls available. Tickets available from all garden centres. Support Arthritis Wanganui's fundraiser. Contact David 345 0428.

Another St John Secondhand Booksale

At St John Training Centre, 25 Tawa Street, Thursday, January 28, 6-10pm; Friday 29, 10am-6pm; Saturday 30, 10am-4pm. Something for everyone - boxes of mixed books, bundles of books, fiction, novels, magazines and more. Enquiries 345 0878.

Bellydance Fusion

Come join us for a fun, life affirming, woman beautiful and creatively energising class, exploring bellydance fusion based on traditional and contemporary styles and music. Suitable for all ages and fitness levels. Contact Jill on 342 4831 or 027 785 0182 for information on cost and times.

Clairvoyance Demonstration

Gordon and Margaret from

Sanson will give a demonstration at the Spiritualist and Awareness Centre's weekly meeting, 7pm this Sunday in St John's Hall, 25 Tawa Street, Gonville. Inspirational address and healing, everyone welcome. For more information phone 348 7807.

Do You Want to Lose Weight?

New weight loss support group, Kiwi Weight Watchers, meets Wednesdays, 5.30pm at '151 on London' Motel Conference room. \$15 joining fee, \$2 weekly for friendly support. Ph Ngaire after 5pm, 347 1613 or Leath on 347 6392.

Fathers Grief Support Group

The second and last Thursday of each month, 7pm to 8pm at "Burnblea", 173 Ingestre St, Wanganui. Phone 345 5522 for more information.

Free Training to Help Get Your Leaners' Licence

The Whanganui Learning Centre will be running Learners' Licence courses again shortly. Contact Aggie or Val on 348 4950 or call into the Whanganui Learning Centre, 232 Wicksteed Street, to enrol.

Fun for Kids

Book now: Tuesday: playful puppet making (4-8 years), Wednesday: making your own magic tricks (7-12 years), Thursday: drama fun (7-12 years), Friday: making a camera obscura (7-12 years or 12 & older), Saturday: know your Whanganui birds: museum - Whanganui River estuary visit (free). Whanganui Regional Museum, ph 349 1110.

Garden Soiree

This is a celebration of the 10th "Anniversary Amble" held by Wanganui Arthritis. Parnells Cafe, Victoria Ave, 5.30pm-7.30pm. Guest appearances by the "Queen" and "Dame Edna". Drinks,

nibbles and music. Tickets available at Parnells or contact David 345 0428.

Have You Had Breast Cancer?

The Whanganui YWCA is starting its next YWCA Encore Programme during the last week of February 2010. This eight week programme (two hours per week) involves information, support and gentle exercise to promote mobility, strength and general wellbeing in women who have had breast cancer surgery at any time in their lives. To enrol phone Julie 343 1616 (evenings).

Housie...

Saturday Evenings 7.30pm

Where: Laird Park Bowling Club, 92 Peat Street (next to netball courts). Enjoy Tenno and Lucky Lotto draw as well as Housie. Home made supper provided. Doors open at 6.30pm.

MIST

Mental Illness Survivors Team, 315 Wicksteed St, open 9.30am to 3.30pm, Monday to Friday. Closed Statutory holidays. A place to share activities and socialise. We offer activities, acceptance and support.

Narcotics Anonymous

NA is a group of recovering addicts who meet regularly to help each other stay free from all drugs. New-comers welcome. Venue: St Paul's, corner Guyton and Cooks Streets, side entrance via Cooks St, Tuesday, 7.30pm and Friday, 7pm. For more information phone Paul on 344 5760.

Painful, Swollen, Stiff Joints?

Arthritis New Zealand will hold an assessment clinic at Stimpsons Pharmacy, Aramoho on Thursday, January 28, 2010. Ph 343 8155 for an appointment time to suit you.

Painful Joints?

The Arthritis Educator will be at the Castlecliff Community Health Centre, Carson St, Thursday, February 4, 2010. Phone (06) 344 4306 for an individual assessment.

RSA Golden Girls Need New Members

If you enjoy music, singing, have got rhythm, and can hold a note, the RSA Golden Girls are looking for ladies who would enjoy being part of this friendly, lively group. The group entertain locally and through-out the region during the year. Rehearsals start at the end of January. So if you enjoy singing, give it a go! For further details please phone Jose Ravenwood (06) 344 7473.

Sausage Sizzle

Saturday, January 23 at the Baha'i Centre, corner of Tawa St and Gonville Ave, at 12 noon. All welcome.

Save the Children Garage Sale

Save the Children are holding a garage sale at 1 Warwick Place on Saturday, January 23, 2010. There is something for everyone if you are considering setting up a flat.

SeniorNet (Wanganui) Inc

Is holding an Open Day at our Learning Centre, 19 Taupo Quay (rear entrance from Moutoa Quay) on Thursday, January 28, 10.30am-3pm. All members and prospective members who are 55 years and over are welcome. There will be committee members and tutors in attendance to answer your questions and demonstrate what can be achieved. Computers with Window XP and Vista operating systems are available. Each class of six students has a tutor and an assistant tutor. Workshops are also held on such subjects

as digital cameras, CD burning, Trade Me, Exploring Google, computer housekeeping and Windows Movie Maker. Course fees are modest. Annual subscription \$10 per person. \$15 per couple.

Springvale Manor Fun and Games

Springvale Manor Rest Home has a new service for the elderly folk of Wanganui. Come and join us for an afternoon of fun and games. Enjoy a cuppa and some companionship. Give us a call on 348 8003 and we will do the rest.

Women's Six-Week Bootcamp

Includes: testing, Pilates with apparatus, boxing, resistance, core training, swissball, toning ball, toning band. Starts February 9, Tuesday 5.30pm, Saturday 8.30am. contact Nadia (qualified personal trainer) 021 217 5321.

Whanganui Disability Resources Centre

Our 'Disability Information Service' offers free specialised information and advice on disability topics to individuals and their support networks. Our 'Supported Employment' service, including transition services, is innovative in its approach to employment issues faced by disabled people. Contact us at 28 Churton Street, phone 347 1176.

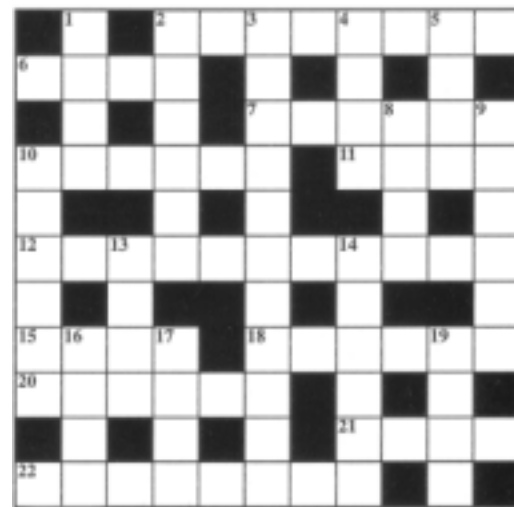
What's On In the Community Notices

What's On notices are \$10 for up to 50 words. Call into River City Press by Tuesday 1pm to place your advert for next week. 37 Taupo Quay, Wanganui. River City Press goes to 18,900 homes plus is fully viewable on the internet to give you even greater coverage for your advert.

Wanganui mayor named TV3 Nightline's 'person of the year'

TV3 Nightline's Person of the Year award was announced just prior to Christmas (December 23) on the late night news programme and included an extended interview with the recipient, Mayor Michael Laws, by TV3 journalist/presenter Ali Ikram. "It is really a recognition of how often Wanganui has featured in the TV news bulletins this year. Some of that has been controversial, and a lot of it has been positive particularly with the passage of the groundbreaking anti-gang legislation. "Smaller centres need to keep reminding the rest of the country that we exist. I think this award suggests that we are being noticed and that we do box well above our weight. That is a very positive thing," said Mayor Laws.

RCP crossword



Combo Crossword No. 685

- | ACROSS | |
|----------------------|---------------------|
| 2 Skin disease | 3 Powerful machines |
| 6 Warning device | 4 Pour |
| 7 Polar covering | 5 Outfit |
| 10 Boredom | 8 Wooden barrel |
| 11 Female horse | 9 Fondled |
| 12 Shopping centre | 10 Samples |
| 15 Cloth measures | 13 Pith of a plant |
| 18 Treasured | 14 Set again |
| 20 Lying on the back | 16 Decoy |
| 21 Metrical foot | 17 Dimension |
| 22 Turned about | 19 Trees |

DOWN

- 1 Centre

Cryptic Clues No. 685

- | ACROSS | |
|---|--|
| 2 I'm peevish and I leave with a contagious disease | divorce respondent |
| 6 Musical instrument on animal's head | 2 Egg on in view heard |
| 7 Solid water to outdo the Arctic landscape | 3 Main participants used to draw the load |
| 10 Edward and I hesitate in irksome state | 4 Pour down and back encounter |
| 11 Equine animal seen on the moon | 5 Rig of note for a listener |
| 12 Marker set up to show large retailer | 8 About to request a large container |
| 15 Measures of cloth to sell off | 9 Anger shown by man so treated |
| 18 Assessed to be highly regarded | 10 Tries the flavour of sets at random |
| 20 Being passive returns us to fret | 13 Mash up the central part |
| 21 Rob maids holding back two syllables | 14 I'd real move necessary to be set again |
| 22 Went back and practised again | 16 Tempt to rule out... ..the area covered, to some extent |
| | 19 Large growths for the Spanish writing |

DOWN

- 1 Having a heart for

Answers on page 32

